

**PROOF OF PHYSICAL FORM FOR 2026 BENEFIT YEAR**  
**DEADLINE: DECEMBER 15, 2025**

*This form must be completed and signed by the participant and physician and received and accepted by the Fund Office **by December 15 of each year** for it to be processed in time for the participant to be included in the Wellness Tier coverage on the following January 1.*

Dear Doctor or Health Care Provider,

The I.B.E.W Local No. 38 Health and Welfare Fund has coverage tiers designed to encourage participants to get annual physical exams. I am voluntarily participating in this program. I am required to provide verification that I executed an annual physical examination. Please send the completed form to the I.B.E.W Local No. 38 Health and Welfare Fund as indicated below.

**SECTION 1. TO BE COMPLETED BY THE PARTICIPANT**

By signing this form, you agree to voluntarily authorize the physician to verify your physical examination in order to qualify for Wellness Tier coverage.

DATE: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

PARTICIPANT'S NAME: \_\_\_\_\_

PARTICIPANT'S SIGNATURE: \_\_\_\_\_

**SECTION 2. TO BE COMPLETED BY THE EXAMINING PHYSICIAN**

By signing this form, you acknowledge that you completed an annual physical examination of the Fund participant.

DATE OF THE PHYSICAL EXAM: \_\_\_\_\_

EXAMINING PHYSICIAN'S NAME: \_\_\_\_\_

EXAMINING PHYSICIAN'S OFFICE ADDRESS: \_\_\_\_\_

\_\_\_\_\_

EXAMINING PHYSICIAN'S OFFICE PHONE NUMBER: \_\_\_\_\_

EXAMINING PHYSICIAN'S SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

**RETURN THIS COMPLETED FORM BY MAIL, FAX OR EMAIL TO:**

I.B.E.W Local No. 38 Fringe Benefits

P.O. Box 6326

Cleveland, OH 44101-1326

Fax: 216-431-7719

Email: [tammy@ibew38-benefits.com](mailto:tammy@ibew38-benefits.com)